

Friday October 28th, 2011 - Parkdale Community Health Centre

4:30 – 5:00	Music & Mingle & Registrations
5:00 - 5:30	Opening Remarks
5:30 - 6:00	Light Dinner
6:00 - 6:15	Performance: Native Elders
6:15 - 6:30	Performance: Drumming Group
6:30 - 7:00	Performance: Tibetan Seniors

Saturday October 29th, 2011 - Queen Victoria Public School

9:00 – 10:00	Coffee, Tea, Registrations
10:00 – 10:30	Keynote Address - Pat Caponni
10:30 - 10:45	BREAK
10:45 - 12:45	PANEL: Living life to your fullest potential
12:00 – 1:30	Lunch and Agency Marketplace
1:30 – 2:30	Workshop A
	Celebrating diversity
	Power of Attorney
	Healthy Sexuality
	Open Space - LGBTQ Issues
2:45 – 3:45	Workshop B
	Landlord Issues
	Homecare
	Advocacy Group Creation
	Open Space- Newcomer Issues
3:45 – 4:00	Recreational Activity
4:00 – 5:30	Dinner and Dancing
5:30 - 6:00	CLEAN-UP

Sunday October 30th, 2011 - Queen Victoria Public School

9:00 – 9:30	Coffee, tea, refreshments
9:30 – 9:45	Morning exercises
9:45 – 10: 45	Workshop C
	Assertiveness Training
	Nutrition
	Dementia
	Open Space - Mental Health & Addictions (Survivors & Caregivers)
11:00 – 12:00	Workshop D
	Laugh Therapy
	Conference Art
12:00 – 12:30	Evaluation Groups
12:30 -12:45	Big Draw* (Eval forms completed to be used for large draw)
12:45 – 1:00	Farewells