



My Time, My Space, My Voice

Conference for Seniors, by Seniors



Keynote Speaker:
PAT CAPPONI
(Author and Advocate)

Dates and Locations

Friday, October 28 – 4pm to 7pm
Parkdale Community Health Centre
1229 Queen Street West

Saturday October 29 – 9am to 6pm
Queen Victoria Public School
100 Close Avenue

Sunday October 30 – 9am to 2pm
Queen Victoria Public School
100 Close Avenue

All locations are wheelchair accessible.

Join Us!

This conference will provide the space for seniors to challenge the impact of ageism and explore opportunities for leadership through interactive workshops and activities.

Diversity

This conference promotes diversity. We welcome participation from a wide variety of Seniors including members of the LGBTQ, First Nations, and Newcomer communities.

You must pre-register by October 21st to attend this conference.

Registration Information

Please contact Tresha Bailey, at **416-537-2455 ext 247** or via email at tresha.bailey@pchc.on.ca to register.

SPACE IS LIMITED – REGISTER NOW!

This conference is funded in part by the Government of Canada's New Horizons for Seniors program.



Parkdale
Community
Health Centre



Ontario's Community
Health Centres

